



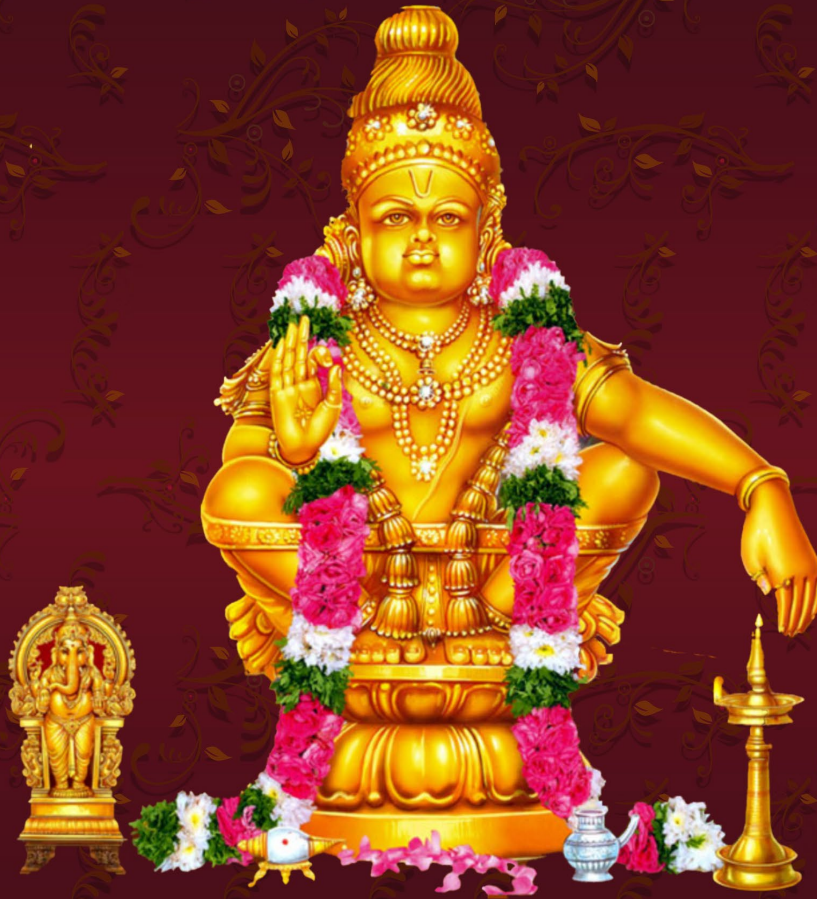
MICHIGAN AYYAPPA SEVA SANGAM
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Michigan Ayyappa Seva Sangam



2022 Mandala Puja Yatra



Sri Siva Vishnu Temple, Maryland

16th Nov (Wed) - Maladharana
26th Dec (Mon) - Irumudi & Yatra Starts
27th Dec (Tue) - Mandala Puja

Guruswami : Thiru. Narayanan



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**Mandala Puja Yathra to
S.S.V. Temple, Maryland**

41 Days Mandala Viratham

(Nov 16th - Dec 27th)



Dear Devotees,

With Our Lord Ayyappa's Blessings, since the year 2000 we have been organizing Traditional Mandala Puja Yatra to Sri Siva Vishnu Temple in Lanham, Maryland. This year we are planning to arrange Mandala Yatra in a Grand way.

To Participate in this Mandala Yatra, you must have observed Viratham during this year Mandalotsavam.

mindia.com

If you are interested to participate in this year Mandala Yatra, please register your name by sending an email to mass@usmass.org with your Name, Phone Number & Email Address. Please visit our website for more info.

Every Saturday / Sunday >>> Lord Ayyappa Maha Abhishekam & Bhajnamrutham at Devotees Residence.

Come and Receive the Blessings from Lord Ayyappa during this Mandalakaalam!

**Swamiye Saranam
Ayyappa!**

**"May the Blessings of Lord Ayyappa
be with you and your family"**

Contact

Dr. Srinivas Kavuturu, President - 201 400 1281
Prabhu Venugopal, Vice President - 313 923 6852
Sumanth Tumiki, Secretary - 248 938 9612
Saravanan Sankaran, Treasurer - 734 985 8886

**Founder & Guruswami
Ted Narayanan**



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Yatra Rules

- Wake up early in the morning, before sunrise.
- Take a bath twice daily (before the morning and evening pujas), preferably with water at room temperature.
- Perform Sri Ayyappa pooja twice daily, morning (before sunrise) and evening (after sunset).
- Perform your regular daily pooja followed by Sri Ayyappa puja (Refer the Daily Puja section below).
- Chant “Hairivaranam” only after evening Pooja. (To be chanted at the end of the puja)
- Take a bath as soon you come home in the evening from work.
- Wear black dress all the times when you can. (Exceptions are workplace)
- Never take the mala out at any time.
- Wear fresh, washed clothes every day. Have a few pairs of black clothes.
- Fruits will be best for Breakfast. Do not eat cereal or bread or other store-bought ready-made breakfasts
- Lunch: Preferably the meal of the day. Should take fresh cooked food. No leftovers from the previous day.
- Dinner: Should take light food like, Upma, Idli. If dinner is the main meal for the day, the menu can be swapped with lunch.
- Onion, garlic, egg or meat products are strictly prohibited during the vratam.
- Foods cooked outside or readymade foods should be avoided.
- If any Ayyappa Swamy or family friends call you for Annadanam, you should not refuse the invitation. Make sure they prepare the meal after taking a bath and women shouldn't be in their monthly cycle, etc.
- When you or your spouse is preparing a meal, make sure to take a bath before cooking.
- Avoid Entertainment, watching movies, TV shows, parties, playing cards etc.
- Practice to be at peace, control anger and talk less.
- Practice meditation, read devotional books, chant hanuman chalisa/Vishnu sahasranamam or sing bhajans in your free time.
- Address all women (including wife) as 'Matha' and men as 'Swamy'
- Bramhacharyam should be strictly practiced. Should sleep in a separate room.
- During the monthly cycle for women, Swamy should prepare the meal for everyone.
- Smoking and drinking alcoholic beverages are strictly prohibited during Vratam.
- Try not to wear footwear (Exceptions are work place) *
- Swamis are not supposed to shave beard or cut hair and nails*
- Try to attend as many bhajans in your deeksha time.
- Avoid sleeping on a bed/mattress. Avoid pillows. Try to sleep on floor *



- Sleep early. Do not be awake until late.

Sri Ayyappa Swamy Daily Puja

- Puja should be performed twice daily.
- Perform regular puja first
- Perform Sri Ganesh puja initially, then Sri Karthikeya puja and then Sri Ayyappa swamy puja
- Structure of the puja- Shodasopachara puja- 16 steps
 - Dhayanam- Meditating on the deity that is being invoked
 - Avaahana- Inviting the deity into the altar
 - Aasana- Giving the deity a seat
 - Paadya- Washing the deity's feet with clean water
 - Arghya- Offering the deity water to rinse hands and mouth
 - Aachamana- Offering the deity water to drink
 - Snaana- Bathing the deity with auspicious items- milk, honey, yogurt, sugar, ghee, panchamrutam etc. Lastly use clean water
 - Vasthra- Dressing the deity in clean clothes
 - Yagnopaveetha- Offering the deity a clean sacred thread
 - Gandha- Offering fresh sandalwood, turmeric, Kumkum and akshita to the deity
 - Pushpa- Offering fresh flowers while chanting the deity's names- Ashtotharam can be done at this time
 - Dhoopa- Offering incense smoke throughout the altar
 - Deepa- Waving a lamp to illuminate the freshly decorated deity
 - Naivedya- Offering food to the deity
 - Taambula and dakshina- Offering the deity a refreshing mix of betel nut, leaves and money
 - Aarati, Pradakshina, mantra pushpam, and Namaskaram- Offering aarati (preferably with karpoor) and taking atma pradakshina. Offering sacred flowers while chanting deity's names
- This is followed by Sri Ayyappa Sarana Ghosha- Most importantly, to do Sarana Ghosa twice daily at the time of pujas. Also, can be done any number of times during the day in your free time
- Kshamapana mantram- Asking Sri Ayyappa swamy to forgive for any wrong doings.
- Harivarasnam- only at the end of the evening puja.



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Sri Ayyappa Swamy Vratam

Following rules followed from the beginning of the Vratam, Maladharana day to completion of yatra.

- Take permission from Sri Swamy Ayyappa, your parents, and family to successfully complete 41 days of Deeksha
- Make sure you have a few pairs of black clothes (black veshti, black shirt, black tundu) washed and ready
- Make sure the tulasi mala is washed and dry
- The first day of the Vratam is the day when you are going to wear the mala- Maladharanam day
- Select a clean place in the house and set up an altar. Sri Ganesh, Karthikeya, and Ayyappa swami's photos/idols should be placed on the alter for daily pujas



Checklist for Puja/Abhishekam

- Swami photos (Ganesha, Karthikeya, Ayyappa)- adorned with sandalwood and Kumkum
- Table and the stand on the table to place the photos. Use the clamps to securely fasten the photo support.
- Padi- Cleaned, decorated with Sandalwood, Kumkum, flowers and fruits
- Background decorated as per devotee's taste
- 3 Lamps and 3 plates (with rice) that go under them- apply Kumkum
- Kalasam, with coconut, blouse piece, mango leaves, decorated with sandalwood and Kumkum
- Turmeric Ganesha on a betel leaf placed in a plate
- Kuladaivam photo or idol- adorned with sandalwood and Kumkum
- 4 plates for naivedyam- coconut (two halves), two bananas, two apples/oranges, two betel leaves and two betel nuts
- Incense sticks with stand
- Plate, glass with water and spoon for achamanam during puja
- Bell – adorned with Kumkum
- Aarati stand with oil and wick
- Four flower garlands – three for photos and one smaller for swamy's idol
- Rose petals for puja and abhishekam
- Abhishekam table adorned with sandalwood and Kumkum
- Large tub with hot water
- Abhishekam items in the order
 - Abhishekam powder (Guruswamy will bring)
 - Panchamrutam (made by mixing small pieces of dates, grapes, bananas, brown sugar, and honey)
 - Honey
 - Ghee
 - Milk
 - Yogurt
 - Coconut water
 - Fruit juices (preferably made at home- orange, grape, pomegranate etc.)
 - Vibuthi
 - Chandanam
 - Rose water
 - Ganga water
 - Flower petals
- Warm water to wash Guruswamy's feet when he brings Sri Ayyappa swamy's idol into the home
- Karpooram (smokeless is preferred) for padi puja and aarati
- Big spoon with a wick and very little oil to light the padi during padi puja
- Diyas for padi puja
- Oil for lamps
- Aarrati stands for maha aartati at the end of the puja- Clean and place Kumkum
- Plate with vibuthi and karpooram for aarati at the end of the puja
- Any ornaments and decorative items for swamy (apart from umbrella)
- Curtain while swamy is being adorned with clothes- stand with curtains with swamy's photos



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- Plate with two coconut halves (set in rice) filled with ghee and wick

Annadanam Rules

- Avoid Onions, Garlic, garam masala
- Food consumed during the deeksha is supposed to be 'satvik', meaning without excessive spices, salt, or chili.
- Do not serve excessive food to swamies during Annadanam
- **Limit the number of food items to 10 or less.** Simple Annadanam is preferred during Vratam.
- **Limit sweet and dessert items to only one.** Keep in mind, some swamies may have health issues
- Please keep a separate bin for recycling plastic. Home pujas can sometimes generate a lot of plastic
- It is preferred to serve food in biodegradable material



Preparation for Irumudi Day

1. Preparation for Irumudi starts a few days before the actual day
2. Considering the number of swamy's participating in the yatra this year, we will performing Irumudi, the day before yatra starts (25h Dec, Sun).
3. You will be given 2 coconuts by Guruswamy. One of them to be broken on the day when you are starting from home for Yatra (26th Dec, Mon). Another one to be broken when you come back to your home safely after Irumudi.
4. You will most likely volunteer to help in arrangements for Irumudi at the place that is chosen by Guruswamy
5. You will be asked to give your Irumudi bag and the smaller coconut bag to an assigned swamy few days before Irumudi day
6. You will be given instructions about where to arrive, and you will be given a specific job e.g. cleaning the coconuts, applying turmeric on the coconuts, decoration at the puja place, arranging all the Irumudi items etc.
7. You will be informed of the time of arrival to the Irumudi place. Please be prompt and plan to arrive a few minutes ahead. This is extremely important because any delay in starting Irumudi process will delay all the day's schedule like a domino effect.
8. Pack at least 2 pairs of black cloths, toiletries, 2 bed sheets (you will use these to sleep on the floor in the hotel room). You also need to take a pair of chappal or slip-on shoes to use at services while travelling in the bus
9. Make sure you pack the 'MASS T-shirt' for the day when you take the Irumudi and visit Ayyappa swamy in Sannidhanam.
10. If you have not given your Irumudi bag before, this is the time to take it with you. Make sure you have the Irumudi bag and the small coconut bag
11. Take a shower in the morning, do the regular puja to lord Ayyappa
12. Take all the baggage, and one coconut with you when you exit the house. You break the coconut in front of the house and travel to the Irumudi place. Once you break the coconut, you are not supposed to go back into the house. So, make sure you have all the things needed for your travel before leaving the house.
13. The other coconut remains in the house and should be broken before you enter the house after returning from swamy's darshan in Sannidhanam.



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Sri Ayyappa Suprabhatham

Shreeharisuprajaa Shaastah Poorvaa Sandhyaa Pravartate |
Uttishtha Narashaardoola Daatavyam Tava Darshanam || 1 ||

Uttishthottishtha Shabareesha Uttishtha Shaantidaayaka |
Uttishtha Hariharaputra Trailokyam Mangalam Kuru || 2 ||

Guro Samastajagataatman Kleshahaare -
Bhaktahridvihaarine Manoharadivymoorte |
He Svaamin Bhaktajanapriya Daanasheela
Shreeshabareepeethaashramasthaanine Tava Suprabhaatam || 3 ||
(Peethaashramasthagurave)

Tava Suprabhaatam Mitrarakshaka Bhavatu Prasanna Manmathasundara (He Bhaktarakshaka)
Brahmaavishnushivaatmaikyasvaroopo -
Shreeshabareepeethaashramasthaanine Tava Suprabhaatam || 4 ||
(Peethaashramasthagurave)

|| Iti Shree Ayyappa Suprabhaatam Sampurnam ||



108 ஜயப்பன் சரண கோஷம்

1. ஓம் சுவாமியே சரணம் ஜயப்பா
2. ஓம் ஹரிஹர சுதனே சரணம் ஜயப்பா
3. ஓம் கன்னிமூல கணபதி பகவானே சரணம் ஜயப்பா
4. ஓம் சக்தி வடிவேலன் (ஆறுமுகன்) சோதரனே சரணம் ஜயப்பா
5. ஓம் மாளிகைப்புரத்து மஞ்ச மாதாவே சரணம் ஜயப்பா
6. ஓம் வாவர் சுவாமியே சரணம் ஜயப்பா
7. ஓம் கருப்பண்ண சுவாமியே சரணம் ஜயப்பா
8. ஓம் பெரிய கடுத்த சுவாமியே சரணம் ஜயப்பா
9. ஓம் சிறிய கடுத்த சுவாமியே சரணம் ஜயப்பா
10. ஓம் வனதேவத மாறே சரணம் ஜயப்பா
11. ஓம் துர்கா பகவதி மாறே சரணம் ஜயப்பா
12. ஓம் அச்சன் கோவில் அரசே சரணம் ஜயப்பா
13. ஓம் அனாத ரக்ஷகனே சரணம் ஜயப்பா
14. ஓம் அன்ன தானப் பிரபுவே சரணம் ஜயப்பா
15. ஓம் அச்சம் தவிர்ப்பவனே சரணம் ஜயப்பா
16. ஓம் அம்பலத்து அரசனே சரணம் ஜயப்பா
17. ஓம் அபாய தாயகனே சரணம் ஜயப்பா
18. ஓம் அஹந்தை அழிப்பவனே சரணம் ஜயப்பா
19. ஓம் அஷ்டசித்தி தாயகனே சரணம் ஜயப்பா
20. ஓம் அண்டினோரை ஆதரிக்கும் தெய்வமே சரணம் ஜயப்பா
21. ஓம் அமுதையின் வாசனே சரணம் ஜயப்பா
22. ஓம் ஆரியங்காவு அய்யாவே சரணம் ஜயப்பா
23. ஓம் ஆபத் பாந்தவனே சரணம் ஜயப்பா
24. ஓம் ஆனந்த ஜ்யோதியே சரணம் ஜயப்பா
25. ஓம் ஆத்ம ஸ்வரூபியே சரணம் ஜயப்பா
26. ஓம் ஆனைமுகன் தம்பியே சரணம் ஜயப்பா
27. ஓம் இருமுடி ப்ரியனே சரணம் ஜயப்பா
28. ஓம் இன்னலைத் தீர்ப்பவனே சரணம் ஜயப்பா
29. ஓம் ஹேக பர சுக தாயகனே சரணம் ஜயப்பா
30. ஓம் இருதய கமல வாசனே சரணம் ஜயப்பா
31. ஓம் ஈடில்லா இன்பம் அளிப்பவனே சரணம் ஜயப்பா
32. ஓம் உமையவள் பாலகனே சரணம் ஜயப்பா
33. ஓம் ஊமைக்கு அருள் புரிந்தவனே சரணம் ஜயப்பா
34. ஓம் ஊழ்வினை அகற்றுவோனே சரணம் ஜயப்பா
35. ஓம் ஊக்கம் அளிப்பவனே சரணம் ஜயப்பா
36. ஓம் எங்கும் நிறைந்தோனே சரணம் ஜயப்பா



37. ஓம் எண்ணில்லா ரூபனே சரணம் ஐயப்பா
38. ஓம் என் குல தெய்வமே சரணம் ஐயப்பா
39. ஓம் என் குரு நாதனே சரணம் ஐயப்பா
40. ஓம் எருமேலி வாழும் கிராத -சாஸ்தாவே சரணம் ஐயப்பா
41. ஓம் எங்கும் நிறைந்த நாத பிரம்மமே சரணம் ஐயப்பா
42. ஓம் எல்லோர்க்கும் அருள் புரிபவனே சரணம் ஐயப்பா
43. ஓம் ஏற்றுமாநூரப்பன் மகனே சரணம் ஐயப்பா
44. ஓம் ஏகாந்த வாசியே சரணம் ஐயப்பா
45. ஓம் ஏழைக்கருள் புரியும் ஈசனே சரணம் ஐயப்பா
46. ஓம் ஐந்துமலை வாசனே சரணம் ஐயப்பா
47. ஓம் ஐயங்கள் தீர்ப்பவனே சரணம் ஐயப்பா
48. ஓம் ஒப்பில்லா மாணிக்கமே சரணம் ஐயப்பா
49. ஓம்கார பரப்ரம்மமே சரணம் ஐயப்பா
50. ஓம் கலியுக வரதனே சரணம் ஐயப்பா
51. ஓம் கண்கண்ட தெய்வமே சரணம் ஐயப்பா
52. ஓம் கம்பன்குடிக்கு உடைய நாதனே சரணம் ஐயப்பா
53. ஓம் கருணா சமுத்ரமே சரணம் ஐயப்பா
54. ஓம் கற்பூர ஜ்யோதியே சரணம் ஐயப்பா
55. ஓம் சபரி கிரி வாசனே சரணம் ஐயப்பா
56. ஓம் சத்ரு சம்ஹார மூர்த்தியே சரணம் ஐயப்பா
57. ஓம் சரணாகத ரக்ஷகனே சரணம் ஐயப்பா
58. ஓம் சரண கோஷ ப்ரியனே சரணம் ஐயப்பா
59. ஓம் சபரிக்கு அருள் புரிந்தவனே சரணம் ஐயப்பா
60. ஓம் ஷாம்புகுமாரனே ... சரணம் ஐயப்பா
61. ஓம் சத்ய ஸ்வரூபனே சரணம் ஐயப்பா
62. ஓம் சங்கடம் தீர்ப்பவனே சரணம் ஐயப்பா
63. ஓம் சஞ்சலம் அழிப்பவனே சரணம் ஐயப்பா
64. ஓம் ஷண்முக சோதரனே சரணம் ஐயப்பா
65. ஓம் தன்வந்தரி மூர்த்தியே சரணம் ஐயப்பா
66. ஓம் நம்பினோரை காக்கும் தெய்வமே சரணம் ஐயப்பா
67. ஓம் நர்த்தன ப்ரியனே சரணம் ஐயப்பா
68. ஓம் பந்தள ராஜகுமாரனே சரணம் ஐயப்பா
69. ஓம் பம்பை பாலகனே சரணம் ஐயப்பா
70. ஓம் பரசுராம பூஜிதனே சரணம் ஐயப்பா
71. ஓம் பக்த ஜன ரக்ஷகனே சரணம் ஐயப்பா
72. ஓம் பக்த வத்சலனே சரணம் ஐயப்பா
73. ஓம் பரமசிவன் புத்திரனே சரணம் ஐயப்பா
74. ஓம் பம்பா வாசனே சரணம் ஐயப்பா
75. ஓம் பரம தயாளனே சரணம் ஐயப்பா



76. ஓம் மணிகண்ட பொருளே சரணம் ஐயப்பா
77. ஓம் மகர ஜ்யோதியே சரணம் ஐயப்பா
78. ஓம் வைக்கத்து அப்பன் மகனே சரணம் ஐயப்பா
79. ஓம் கானக வாசனே சரணம் ஐயப்பா
80. ஓம் குளத்து புழை பாலகனே சரணம் ஐயப்பா
81. ஓம் குருவாயூரப்பன் மகனே சரணம் ஐயப்பா
82. ஓம் கைவல்ய பாத தாயகனே சரணம் ஐயப்பா
83. ஓம் ஜாதி மத பேதம் இல்லாதவனே சரணம் ஐயப்பா
84. ஓம் சிவசக்தி ஐக்ய ஸ்வரூபனே சரணம் ஐயப்பா
85. ஓம் சேவிப்போற்கு ஆனந்த மூர்த்தியே சரணம் ஐயப்பா
86. ஓம் துஷ்டர் பயம் நீக்குவோனே சரணம் ஐயப்பா
87. ஓம் தேவாதி தேவனே சரணம் ஐயப்பா
88. ஓம் தேவர்கள் துயரம் தீர்த்தவனே சரணம் ஐயப்பா
89. ஓம் தேவேந்திர பூஜிதனே சரணம் ஐயப்பா
90. ஓம் நாராயணன் மைந்தனே சரணம் ஐயப்பா
91. ஓம் நெய் அபிஷேக ப்ரியனே சரணம் ஐயப்பா
92. ஓம் பிரணவ ஸ்வரூபனே சரணம் ஐயப்பா
93. ஓம் பாப சம்ஹார மூர்த்தியே சரணம் ஐயப்பா
94. ஓம் பாயாசன்ன ப்ரியனே சரணம் ஐயப்பா
95. ஓம் வன்புலி வாகனனே சரணம் ஐயப்பா
96. ஓம் வரப்ரதாயகனே சரணம் ஐயப்பா
97. ஓம் பாகவ தோத்மனே சரணம் ஐயப்பா
98. ஓம் பொன்னம்பல வாசனே சரணம் ஐயப்பா
99. ஓம் மோகினி சுதனே சரணம் ஐயப்பா
100. ஓம் மோகன ரூபனே சரணம் ஐயப்பா
101. ஓம் வில்லன் வில்லாளி வீரனே சரணம் ஐயப்பா
102. ஓம் வீரமணி கண்டனே சரணம் ஐயப்பா
103. ஓம் சத்குரு நாதனே சரணம் ஐயப்பா
104. ஓம் சர்வ ரோகநிவாரகனே .. சரணம் ஐயப்பா
105. ஓம் சச்சிதானந்த சொருபியே சரணம் ஐயப்பா
106. ஓம் சர்வா பீஷ்ட தாயகனே சரணம் ஐயப்பா
107. ஓம் சாச்வாதபதம் அளிப்பவனே சரணம் ஐயப்பா
108. ஓம் பதினெட்டாம் படிக்குடைய நாதனே சரணம் ஐயப்பா

சுவாமியே சரணம் ஐயப்பா!



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நாங்கள் அறிந்தும் அறியாமலும் தெரிந்தும் தெரியாமலும் செய்த
சகல குற்றங்களையும் பொறுத்து காத்து ரட்சித்து அருள வேண்டும், ஓம் ஸ்ரீ
சத்யமான பொண்ணு பதினெட்டாம் படிமேல் வாழும், ஓம் ஸ்ரீ ஹரிஹர
சுதன் கலியுகவரதன் ஆனந்த சித்தன் ஐயன் ஐயப்ப சுவாமியே சரணம்
ஐயப்பா!



108 శ్రీ అయ్యప్ప శరణు ఘోష

1. ఓం శ్రీ స్వామినే శరణమయ్యప్ప
2. హరి హర సుతనే శరణమయ్యప్ప
3. ఆపద్బాందవనే శరణమయ్యప్ప
4. అనాధరక్షకనే శరణమయ్యప్ప
5. అఖిలాండ కోటి బ్రహ్మాండనాయకనే శరణమయ్యప్ప
6. అన్నదాన ప్రభువే శరణమయ్యప్ప
7. అయ్యప్పనే శరణమయ్యప్ప
8. అరియాంగావు అయ్యాయే శరణమయ్యప్ప
9. ఆర్చన్ కోవిల్ అరనే శరణమయ్యప్ప
10. కుళత్తపులై బాలకనే శరణమయ్యప్ప
11. ఎరుమేలి శాస్త్రనే శరణమయ్యప్ప
12. వావరుస్వామినే శరణమయ్యప్ప
13. కన్నిమూల మహా గణపతియే శరణమయ్యప్ప
14. నాగరాజవే శరణమయ్యప్ప
15. మాలికాపురత్త దులోకదేవి శరణమయ్యప్ప మాతాయే
16. కురుప్ప స్వామియే శరణమయ్యప్ప
17. సేవిప్ప వర్కానంద మూర్తియే శరణమయ్యప్ప
18. కాళివాసియే శరణమయ్యప్ప
19. హరి ద్వార నివాసియే శరణమయ్యప్ప
20. శ్రీ రంగపట్టణ వాసియే శరణమయ్యప్ప
21. కరుప్పత్తూర్ వాసియే శరణమయ్యప్ప
22. గొల్లపూడి ధర్మశాస్త్రావే శరణమయ్యప్ప
23. సద్గురు నాధనే శరణమయ్యప్ప
24. విళాలి వీరనే శరణమయ్యప్ప
25. వీరమణికంటనే శరణమయ్యప్ప
26. ధర్మ శాస్త్రవే శరణమయ్యప్ప
27. శరణుగోషప్రియవే శరణమయ్యప్ప
28. కాంతి మలై వాసనే శరణమయ్యప్ప
29. పొన్నంబలవాసియే శరణమయ్యప్ప
30. పందళశిశువే శరణమయ్యప్ప
31. వావరిన్ తోళనే శరణమయ్యప్ప
32. మోహినీసుతవే శరణమయ్యప్ప
33. కన్ కండ దైవమే శరణమయ్యప్ప
34. కలియుగవరదనే శరణమయ్యప్ప
35. సర్వరోగ నివారణ ధన్వంతర మూర్తియే శరణమయ్యప్ప
36. మహిషిమర్దననే శరణమయ్యప్ప



37. పూర్ణ పుష్కళ నాధనే శరణమయ్యప్ప
38. వన్ పులి వాహననే శరణమయ్యప్ప
39. బక్తవత్సలనే శరణమయ్యప్ప
40. భూలోకనాధనే శరణమయ్యప్ప
41. అయిందుమలైవాసవే శరణమయ్యప్ప
42. శబరి గిరీ శనే శరణమయ్యప్ప
43. ఇరుముడి ప్రియనే శరణమయ్యప్ప
44. అభిషేకప్రియనే శరణమయ్యప్ప
45. వేదప్పొరుళీనే శరణమయ్యప్ప
46. నిత్య బ్రహ్మ చారిణే శరణమయ్యప్ప
47. సర్వ మంగళదాయకనే శరణమయ్యప్ప
48. వీరాధివీరనే శరణమయ్యప్ప
49. ఓంకారప్పొరుళే శరణమయ్యప్ప
50. ఆనందరూపనే శరణమయ్యప్ప
51. భక్త చిత్తాదివాసనే శరణమయ్యప్ప
52. ఆశ్రితవత్సలనే శరణమయ్యప్ప
53. భూత గణాదిపతయే శరణమయ్యప్ప
54. శక్తిరూపనే శరణమయ్యప్ప
55. నాగార్జునసాగరుధర్మ శాస్త్రవే శరణమయ్యప్ప
56. శాంతమూర్తయే శరణమయ్యప్ప
57. పదునేల్పాబడిక్కి అధిపతియే శరణమయ్యప్ప
58. కట్టాళ విషరారమేనే శరణమయ్యప్ప
59. ఋషికుల రక్షకునే శరణమయ్యప్ప
60. వేదప్రియనే శరణమయ్యప్ప
61. ఉత్తరానక్షత్ర జాతకనే శరణమయ్యప్ప
62. తపోధననే శరణమయ్యప్ప
63. యంగళకుల దైవమే శరణమయ్యప్ప
64. జగన్మోహనే శరణమయ్యప్ప
65. మోహనరూపనే శరణమయ్యప్ప
66. మాధవసుతనే శరణమయ్యప్ప
67. యదుకులవీరనే శరణమయ్యప్ప
68. మామలై వాసనే శరణమయ్యప్ప
69. షణ్ముఖసోదర నే శరణమయ్యప్ప
70. వేదాంతరూపనే శరణమయ్యప్ప
71. శంకర సుతనే శరణమయ్యప్ప
72. శత్రుసంహరినే శరణమయ్యప్ప
73. సద్గుణమూర్తయే శరణమయ్యప్ప
74. పరాశక్తియే శరణమయ్యప్ప
75. పరాత్పరనే శరణమయ్యప్ప



76. పరంజ్యోతియే శరణమయ్యప్ప
77. హేమామప్రియనే శరణమయ్యప్ప
78. గణపతి సోదర నే శరణమయ్యప్ప
79. ధర్మ శాస్త్రావే శరణమయ్యప్ప
80. విష్ణుసుతనే శరణమయ్యప్ప
81. సకల కళా వల్లభనే శరణమయ్యప్ప
82. లోక రక్షకనే శరణమయ్యప్ప
83. అమిత గుణాకరనే శరణమయ్యప్ప
84. అలంకార ప్రియనే శరణమయ్యప్ప
85. కన్ని మారై కప్పవనే శరణమయ్యప్ప
86. భువనేశ్వరనే శరణమయ్యప్ప
87. మాతాపితా గురుదైవమే శరణమయ్యప్ప
88. స్వామియిన్ పుంగావనమే శరణమయ్యప్ప
89. అళుదానదియే శరణమయ్యప్ప
90. అళుదామేడే శరణమయ్యప్ప
91. కళ్ళిడ్రంకుండ్రే శరణమయ్యప్ప
92. కరిమలైపేట్రమే శరణమయ్యప్ప
93. కరిమలై ఎరక్కమే శరణమయ్యప్ప
94. పేరియాన్ వట్టమే శరణమయ్యప్ప
95. చెరియాన వట్టమే శరణమయ్యప్ప
96. పంబానదియే శరణమయ్యప్ప
97. పంబయిళ్ వీళ్ళక్కే శరణమయ్యప్ప
98. నీలిమలైయేట్రమే శరణమయ్యప్ప
99. అప్పాచి మేడే శరణమయ్యప్ప
100. శబరిపీటమే శరణమయ్యప్ప
101. శరం గుత్తి ఆలే శరణమయ్యప్ప
102. భస్మకుళమే శరణమయ్యప్ప
103. పదునేట్టాం బడియే శరణమయ్యప్ప
104. నెయ్యాభి షేకప్రియనే శరణమయ్యప్ప
105. కర్పూర జ్యోతియే శరణమయ్యప్ప
106. జ్యోతిస్వరూపనే శరణమయ్యప్ప
107. మకర జ్యోతియే శరణమయ్యప్ప
108. పందల రాజ కుమారనే శరణమయ్యప్ప

ఓం హరి హర సుతనే ఆనంద చిత్తన్ అయ్యప్ప స్వామినే శరణమయ్యప్ప



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తెలిసి తెలియక, తెలిసి తెలియక మనం చేసిన నేరాలన్నీ కాపాడి దీవించాలి, పద్దెనిమిదో
మెట్టుపై నివసించే ఓం శ్రీ సత్యమాన పొన్ను, ఓం శ్రీ హరిహర సుధన్ కలియుగవరతన్
ఆనంద సిద్ధన్ అయ్యన్ అయ్యప్ప స్వామి శరణం అయ్యప్పా!



108 ശരണജപങ്ങൾ

1. സ്വാമിയേ ശരണം അയ്യപ്പാ
2. ഹരിഹര സുധനെ ശരണം അയ്യപ്പാ
3. കന്നിമൂല ഗണപതി ഭഗവാനെ ശരണം അയ്യപ്പാ
4. ശക്തി വടിവേലൻ സോദരനെ ശരണം അയ്യപ്പാ
5. മാളികപ്പുറത്തു മഞ്ഞമ്മാദേവി ലോകമാതാവേ ശരണം അയ്യപ്പാ
6. വാവർ സ്വാമിയേ ശരണം അയ്യപ്പാ
7. കറുപ്പണ്ണ സ്വാമിയേ ശരണം അയ്യപ്പാ
8. പെരിയ കടുത്ത സ്വാമിയേ ശരണം അയ്യപ്പാ
9. സിരിയ കടുത്ത സ്വാമിയേ ശരണം അയ്യപ്പാ
10. വനദേവതമാരേ ശരണം അയ്യപ്പാ
11. ദുർഗ്ഗാ ഭഗവതിമാരേ ശരണം അയ്യപ്പാ
12. അച്ഛൻ കോവിൽ അരസെ ശരണം അയ്യപ്പാ
13. അനാഥ രക്ഷകനെ ശരണം അയ്യപ്പാ
14. അന്നദാന പ്രഭുവേ ശരണം അയ്യപ്പാ
15. അച്ചം തവിർപ്പവനേ ശരണം അയ്യപ്പാ
16. അമ്പലത്തു അരസനെ ശരണം അയ്യപ്പാ
17. അഭയ ദായകനെ ശരണം അയ്യപ്പാ
18. അഹന്തയ് അഴിപ്പവനെ ശരണം അയ്യപ്പാ
19. അഷ്ടസിദ്ധി ദായകനെ ശരണം അയ്യപ്പാ
20. ആണ്ടിനോരെ ആദരിക്കും ദൈവമേ ശരണം അയ്യപ്പാ
21. അഴുതയിൽ വാസനേ ശരണം അയ്യപ്പാ
22. ആര്യകാവ് അയ്യാവേ ശരണം അയ്യപ്പാ
23. ആപത്ത് ബാധവനേ ശരണം അയ്യപ്പാ
24. ആനന്ദ ജ്യോതിയേ ശരണം അയ്യപ്പാ
25. ആത്മസ്വരൂപിയേ ശരണം അയ്യപ്പാ
26. യാണൈമുഖൻതമ്പിയേ തമ്പിയേ ശരണം അയ്യപ്പാ
27. ഇരുമുടിപ്രിയനെ ശരണം അയ്യപ്പാ
28. ഇന്നലെ തീർപ്പവനെ ശരണം അയ്യപ്പാ
29. ഏക പരസുഖ ദായകനെ ശരണം അയ്യപ്പാ
30. ഇദയകമല വാസനേ ശരണം അയ്യപ്പാ
31. ഇഴിപ്പാ ഇൻബം അളിപ്പവനേ ശരണം അയ്യപ്പാ
32. ഉമൈയവൾ ബാലകനേ ശരണം അയ്യപ്പാ
33. ഉമയ്ക്കു അരുൾ പുരിന്ദവനേ ശരണം അയ്യപ്പാ
34. ഉഴിവിനയ് അകറ്റുവോനെ ശരണം അയ്യപ്പാ
35. ഉകം അളിപ്പവനേ ശരണം അയ്യപ്പാ
36. എങ്ങും നിറയ്ത്തോനേ ശരണം അയ്യപ്പാ



37. എന്നില്ലാ രൂപനേ ശരണം അയ്യപ്പാ
38. എൻ കുലദൈവമേ ശരണം അയ്യപ്പാ
39. എൻ ഗുരുനാഥനേ ശരണം അയ്യപ്പാ
40. എരുമേലി വാഴും ശാസ്താവേ ശരണം അയ്യപ്പാ
41. എങ്ങും നിന്നൊന്ത നാദബ്രഹ്മമേ ശരണം അയ്യപ്പാ
42. എല്ലോർക്കും അരുൾ പുരിഭവനേ ശരണം അയ്യപ്പാ
43. ഏറ്റുമാനൂരപ്പൻ മകനേ ശരണം അയ്യപ്പാ
44. ഏകാന്തവാസനേ ശരണം അയ്യപ്പാ
45. ഏഴയ്ക്കു അരുൾ പുരിയും ഈശനെ ശരണം അയ്യപ്പാ
46. അയിന്തു മലൈ വാസനേ ശരണം അയ്യപ്പാ
47. ഐയ്യങ്കൾ തീർപ്പവനേ ശരണം അയ്യപ്പാ
48. ഒപ്പില്ലാ മാണിക്കമേ ശരണം അയ്യപ്പാ
49. ഓംകാര പരബ്രഹ്മമേ ശരണം അയ്യപ്പാ
50. കലിയുഗ വരദനെ ശരണം അയ്യപ്പാ
51. കൺകണ്ട ദൈവമേ ശരണം അയ്യപ്പാ
52. കമ്പൻകുടയ്ക്കു ഉടൈയ നാഥനെ ശരണം അയ്യപ്പാ
53. കരുണാസമുദ്രമേ ശരണം അയ്യപ്പാ
54. കർപ്പൂര ജ്യോതിയേ ശരണം അയ്യപ്പാ
55. ശബരിഗിരി വാസനേ ശരണം അയ്യപ്പാ
56. ശത്യസംഹാര മുർത്തിയേ ശരണം അയ്യപ്പാ
57. ശരണാഗത രക്ഷകനേ ശരണം അയ്യപ്പാ
58. ശരണഘോഷ പ്രിയനേ ശരണം അയ്യപ്പാ
59. ശബരിക്ക് അരുൾ പുരിന്ദവനേ ശരണം അയ്യപ്പാ
60. ശംഭുകുമാരനേ ശരണം അയ്യപ്പാ
61. സത്യസ്വരൂപനേ ശരണം അയ്യപ്പാ
62. സങ്കടം തീർപ്പവനേ ശരണം അയ്യപ്പാ
63. സഞ്ചലം അഴിപ്പവനേ ശരണം അയ്യപ്പാ
64. ഷണ്മുഖ സോദരനേ ശരണം അയ്യപ്പാ
65. ധന്വന്തരി മുർത്തിയേ ശരണം അയ്യപ്പാ
66. നമ്പിനോരെ കാക്കും ദൈവമേ ശരണം അയ്യപ്പാ
67. നർത്തനപ്രിയനേ ശരണം അയ്യപ്പാ
68. പന്തളരാജകുമാരനേ ശരണം അയ്യപ്പാ
69. പമ്പാ ബാലകനേ ശരണം അയ്യപ്പാ
70. പരശുരാമ പുജിതനേ ശരണം അയ്യപ്പാ
71. ഭക്തജന രക്ഷകനേ ശരണം അയ്യപ്പാ
72. ഭക്തവത്സലനേ ശരണം അയ്യപ്പാ
73. പരമശിവൻ പുത്രനേ ശരണം അയ്യപ്പാ
74. പമ്പാ വാസനേ ശരണം അയ്യപ്പാ
75. പരമദയാലനേ ശരണം അയ്യപ്പാ



- 76. മണികണ്ഠപൊരുളേ ശരണം അയ്യപ്പാ
- 77. മകരജ്യോതിയേ ശരണം അയ്യപ്പാ
- 78. വൈക്കത്തപ്പൻ മകനേ ശരണം അയ്യപ്പാ
- 79. കാനനവാസനേ ശരണം അയ്യപ്പാ
- 80. കുളത്തുപ്പുഴ ബാലകനേ ശരണം അയ്യപ്പാ
- 81. ഗുരുവായൂരപ്പൻ മകനേ ശരണം അയ്യപ്പാ
- 82. കൈവല്യപദധായകനേ ശരണം അയ്യപ്പാ
- 83. ജാതിമതഭേദം ഇല്ലാതവനേ ശരണം അയ്യപ്പാ
- 84. ശിവശക്തി ഐക്യസ്വരൂപനേ ശരണം അയ്യപ്പാ
- 85. സേവിപ്പവർക്ക് ആനന്ദമൂർത്തിയേ ശരണം അയ്യപ്പാ
- 86. ദുഷ്ടർ ഭയം നീക്കുഭവനേ ശരണം അയ്യപ്പാ
- 87. ദേവാദിദേവനേശരണം അയ്യപ്പാ
- 88. ദേവർഗ്ഗൾ തുയർ തീർപ്പവനേ ശരണം അയ്യപ്പാ
- 89. ദേവേന്ദ്രപൂജിതനേ ശരണം അയ്യപ്പാ
- 90. നാരയണൻ മൈന്തനേ ശരണം അയ്യപ്പാ
- 91. നെയ്യഭിഷേകപ്രിയനേ ശരണം അയ്യപ്പാ
- 92. പ്രണവസ്വരൂപനേ ശരണം അയ്യപ്പാ
- 93. പാപസംഹാര മൂർത്തിയേ ശരണം അയ്യപ്പാ
- 94. പായസാനപ്രിയനേ ശരണം അയ്യപ്പാ
- 95. വൻപുലി വാഹനനേ ശരണം അയ്യപ്പാ
- 96. വരപ്രസാദദായകനേ ശരണം അയ്യപ്പാ
- 97. ഭഗവത് തൊട്ടാമനേ ശരണം അയ്യപ്പാ
- 98. പൊന്നാമ്പലവാസനെ ശരണം അയ്യപ്പാ
- 99. മോഹിനി സുതനേ ശരണം അയ്യപ്പാ
- 100. വില്ലാളി വീരനേ ശരണം അയ്യപ്പാ
- 101. വീരമണികൺഠനേ ശരണം അയ്യപ്പാ
- 102. സർഗ്ഗുരുനാഥനേ ശരണം അയ്യപ്പാ
- 103. സർഗ്ഗുരുനാഥനേ ശരണം അയ്യപ്പാ
- 104. സർവ്വരോഗനിവാരണ ധന്വന്തരമൂർത്തിയേ ശരണം അയ്യപ്പാ
- 105. സച്ചിദാനന്ദ സ്വരൂപനേ ശരണം അയ്യപ്പാ
- 106. സർവ്വാഭിഷേകധായകനേ ശരണം അയ്യപ്പാ
- 107. ശാശ്വതപദം അളിപ്പവനെ ശരണം അയ്യപ്പാ
- 108. പതിനെട്ടാംപടിക്ക് ഉടയ നായകനേ ശരണം അയ്യപ്പാ

ഓം സ്വാമിയേ ശരണം അയ്യപ്പാ

ഓം അടിയൻ അറിഞ്ഞും അറിയാതെയും ചെയ്ത സകല കുറ്റങ്ങളും
പൊറുത്തു കാത്തു രക്ഷിച്ചു അനുഗ്രഹിക്കണം.



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ശ്രീ സത്യമായ പൊന്നും പതിനെട്ടാം പടിമേൽ വാഴും ഓം ശ്രീ ഹരിഹര
സുദൻ, കലിയുഗവരദൻ, ആനന്ദചിത്തൻ അയ്യൻ അയ്യപ്പ സ്വാമിയേ
ശരണം അയ്യപ്പാ



108 ಶರಣ ಜಪಗಳು

1. ಓಂ ಸ್ವಾಮಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
2. ಹರಿಹರ ಸುತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
3. ಅಂಬಾ ಸುತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
4. ಆರ್ತ ಪರಾಯಣನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
5. ಅನಾಥ ರಕ್ಷಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
6. ಅಭಿಷೇಕಪ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
7. ಅಲಂಕಾರ ಪ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
8. ಅರ್ಥವಿನಾಶನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
9. ಅಖಿಲಾಧಾರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
10. ಆಪತ್ಪ್ರಾಂಥವನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
11. ಆಶ್ರಿತವತ್ಸಲನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
12. ಅಚ್ಚನ್ ವೇಲ್ ಅರಸೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
13. ಅನ್ನದಾನ ಪ್ರಭುವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
14. ಅರಣ್ಯಪಾಲಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
15. ಅಪರಾಧ ರಕ್ಷಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
16. ಅಳುದಾನದಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
17. ಮಹಿಷಿ ಮರ್ದನನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
18. ಮಾಯಾಸುತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
19. ಮಕರಜ್ಯೋತಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
20. ಮಹೇಶ್ವರ ಸುತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
21. ಕರ್ಪೂರ ಪ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
22. ಕರಿಮಲೆ ವಾಸನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
23. ಕರಿ ಸ್ವಾಮಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
24. ಕುಂಬಳ ಹಳ್ಳವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
25. ಕರ್ಮಬಂಧ ವಿಮೋಚಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
26. ಚಂದ್ರಕಲಾಧರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
27. ಚಿನ್ಮಯ ರೂಪನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
28. ಪಂಪಾನದಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
29. ಪಂಪಾದೀಪವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
30. ಪಂದಳರಾಜನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
31. ಪರಮೇಶ್ವರ ಪುತ್ರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
32. ಪಾವನ ಮೂರ್ತಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
33. ಭಕ್ತರ ಪ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
34. ಭೂಲೋಕವಾಸನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
35. ಭಕ್ತರದಾಸನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
36. ಭೂತಗಣನಾಯಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
37. ಆನಂದಚಿತ್ತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
38. ಅರಿಯಂಗಳಾವಿ ಅಯ್ಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
39. ಅಗಣಿತಗುಣ ನಿಧಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ



40. ಅರಣ್ಯ ರಕ್ಷಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
41. ಅಮರ ಪ್ರಧಾಯಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
42. ಅಳುದಾ ನದಿಯ ಸರಹರವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
43. ಮದಕರಿ ವಾಹನನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
44. ಮೋಹ ವಿನಾಶಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
45. ಮಾನವ ರಕ್ಷಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
46. ಮುಕ್ತಿ ಪ್ರದಾಯಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
47. ಮಾನವ ಜೀವಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
48. ಕರುಣಾಸಾಗರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
49. ಕರಿಮಲೆವಾಸನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
50. ಕರುಣಾ ಜ್ಯೋತಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
51. ಕಾಳಕಟ್ಟಿ ಆಶ್ರಮವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
52. ಕಲಿಯುಗ ದೈವನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
53. ಚಂದ್ರಾರ್ಚಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
54. ಚಿತ್ರರೂಪನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
55. ಪಂಪಾಶಿಶುವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
56. ಪಂಪಾ ಬಾಣವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
57. ಪೊಣ್ಣಂಬಳವಾಸನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
58. ಪಾಪವಿನಾಶಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
59. ಪಂಪಾ ನದಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
60. ಭಸ್ಮ ವಿಭೂಷಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
61. ಭೂಮಿ ಪ್ರಪಂಚನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
62. ಭವರೋಗ ನಿವಾರಣನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
63. ಭಕ್ತಜನ ರಕ್ಷಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
64. ಬೆಟ್ಟದ ಮೇಲಿನ ಶಾಸ್ತ್ರವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
65. ದುಖ: ವಿನಾಶಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
66. ದೀನದಯಾಪರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
67. ಧನುರ್ ವೀರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
68. ವಾವರ ಸ್ವಾಮಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
69. ವನದೇವತೆಗಳೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
70. ವೇದಾಂತ ಮಕರಂದನನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
71. ವೃದ್ಧಭಿಷೇಕ ಪ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
72. ಜಟಾಧರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
73. ಶಬರಿಪೀಠವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
74. ಶರಂಗುತ್ರಿ ಆಲೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
75. ಶಂಕರ ಸುತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
76. ಸ್ವಾಮಿಯ ದೇವಾಲಯವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
77. ಸ್ವಾಮಿಯ ಪೂರ್ಣಗಾವಣವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
78. ಸುರಿಗಾಯುಧನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
79. ಸರ್ವಪಾಪವಿನಾಶಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
80. ಇಂದ್ರಾದಿ ಪೂಜಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
81. ಇಂಜಿಪಾರ ಕೋಟಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ



82. ಗುರುಪಾದ ವಂದನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
83. ವಿಘ್ನಾಳಿ ವೀರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
84. ನೀಲಾಂಭರಧರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
85. ಹದಿನೆಂಟು ಮೆಟ್ಟಿಲೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
86. ಭಸ್ಮಕುಲವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
87. ದುರಿತ ನಿವಾರಣನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
88. ದಿವ್ಯಸ್ವರೂಪನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
89. ದೇವಕುಲಾವತಾರನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
90. ವಾವರ ಮೋಕ್ಷಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
91. ವನ ರಕ್ಷಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
92. ವೇದಾಂತ ವೇದ್ಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
93. ತಾರಕ ಬ್ರಹ್ಮನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
94. ಜಿತೇಂದ್ರಿಯನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
95. ಶಬರಿ ಮೋಕ್ಷಿತನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
96. ಶತ್ರು ವಿನಾಶಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
97. ಶಿಷ್ಯ ಜನಪಾಲಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
98. ಸ್ವಾಮಿ ಪ್ರದಕ್ಷಿಣವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
99. ಸ್ವಾಮಿ ದಿವ್ಯ ದರ್ಶನವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
100. ಸತ್ಯ ಸ್ವರೂಪನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
101. ಸರ್ವೇಶ್ವರಿ ಮಾತೆಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
102. ಇಷ್ಟಪಾಲಕನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
103. ಇಪ್ಪಾಜಿ ಹಳ್ಳವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
104. ಗಣೇಶ ಪಾದವೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
105. ವೀರ ಮಣಿಕಂಠನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
106. ನಿತ್ಯ ಬ್ರಹ್ಮಚಾರಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
107. ಮಣಿಕಂಠನೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ
108. ಓಂ ಹರಿಹರಸುತನ್ ಅಯ್ಯನಯ್ಯಪ್ಪ ಸ್ವಾಮಿಯೇ ಶರಣಂ ಅಯ್ಯಪ್ಪ

ಸ್ವಾಮಿ ಶರಣಂ ಅಯ್ಯಪ್ಪ!

ತಿಳಿದೂ ತಿಳಿಯದೆಯೂ ತಿಳಿದೂ ತಿಳಿಯದೆಯೂ ನಾವು ಮಾಡಿದ ಅಪರಾಧಗಳೆಲ್ಲವನ್ನೂ ರಕ್ಷಿಸಿ
ಆಶೀರ್ವದಿಸಬೇಕು, ಹದಿನೆಂಟನೇ ಮೆಟ್ಟಿಲಲ್ಲಿ ನೆಲೆಸಿರುವ ಓಂ ಶ್ರೀ ಸತ್ಯಮಾನ ಪೊನ್ನು, ಓಂ ಶ್ರೀ ಹರಿಹರ
ಸುಧನ್ ಕಲಿಯುಗವರತನ ಆನಂದ ಸಿದ್ಧನ ಅಯ್ಯಪ್ಪ ಸ್ವಾಮಿ ಶರಣಂ ಅಯ್ಯಪ್ಪಾ!



108 Sarana Gosham (English)

1. Swamiye Saranam Ayyappa
2. Harihara Suthane Saranam Ayyappa
3. Kannimoola Mahaa Ganapathy Bhagavaane Saranam Ayyappa
4. Shakti Vadivelan Sodarane Saranam Ayyappa
5. Maalikaippurattu Manjamma Devi Lokamathave Saranam Ayyappa
6. Vaavar Swamiye Saranam Ayyappa
7. Karuppanna Swamiye Saranam Ayyappa
8. Periya Kadutta Swamiye Saranam Ayyappa
9. Cheriya Kadutta Swamiye Saranam Ayyappa
10. Vana devathamaare Saranam Ayyappa
11. Durga Bhagavathi maare Saranam Ayyappa
12. Achchan Kovil Arase /Achchan Kovil Rajave Saranam Ayyappa
13. Anaadha Rakshagane Saranam Ayyappa
14. Annadhaana Prabhuve Saranam Ayyappa
15. Achcham Thavirpavane Saranam Ayyappa
16. Ambalathu Aasane Saranam Ayyappa
17. Abhaya Dayakane Saranam Ayyappa
18. Ahandai Azhippavane Saranam Ayyappa
19. AshtaSiddhi Dayagane Saranam Ayyappa
20. Andmorai Aadarikkum Deivame Saranam Ayyappa
21. Azhuthayil Vaasane Saranam Ayyappa
22. Aaryankaavu Ayyaave Saranam Ayyappa
23. Aapath Baandhavane Saranam Ayyappa
24. Ananda Jyotiye Saranam Ayyappa
25. Aatma Swaroopiye Saranam Ayyappa
26. Aanaimukhan Thambiye Saranam Ayyappa
27. Irumudi Priyane Saranam Ayyappa
28. Inalai Therppavane Saranam Ayyappa
29. Heha para suka daayakane Saranam Ayyappa
30. Irudaya kamala vaasane Saranam Ayyappa
31. Eedillaa inbam alippavane Saranam Ayyappa
32. Umaiyaval baalakane Saranam Ayyappa
33. Umaikku arul purindavane Saranam Ayyappa
34. Uzhvinai akatruvone Saranam Ayyappa
35. Ukkam alippavane Saranam Ayyappa
36. Engum niraindhone Saranam Ayyappa
37. Enillaa roopane Saranam Ayyappa
38. En kula deivame Saranam Ayyappa
39. En guru naathane Saranam Ayyappa
40. Erumeli vaazhum kiraata -Shastha Saranam Ayyappave
41. Engum nirainda naada brahmame Saranam Ayyappa



42. Ellorkkum arul puribavane Saranam Ayyappa
43. Aetrumaanoorappan magane Saranam Ayyappa
44. Aekaanta vaasiye Saranam Ayyappa
45. Aezhaikkarul puriyum eesane Saranam Ayyappa
46. Aindumalai vaasane Saranam Ayyappa
47. Aiyyangal teerppavane Saranam Ayyappa
48. Opillaa maanikkame Saranam Ayyappa
49. Omkaara parabrahmame Saranam Ayyappa
50. Kaliyuga varadane Saranam Ayyappa
51. Kan.kanda deivame Saranam Ayyappa
52. Kambankudiku udaiya naathane Saranam Ayyappa
53. Karunaa samudrame Saranam Ayyappa
54. Karpooa jyotiye Saranam Ayyappa
55. Sabari giri vaasane Saranam Ayyappa
56. Shathru samhaara moortiyee Saranam Ayyappa
57. Sharanaagadha rakshakane Saranam Ayyappa
58. Sharana ghosha priyane Saranam Ayyappa
59. Shabarikku arul purindavane Saranam Ayyappa
60. Shambhukumaarane Saranam Ayyappa
61. Satya swaroopane Saranam Ayyappa
62. Sankatam therppavane Saranam Ayyappa
63. Sanchalam azhippavane Saranam Ayyappa
64. Shanmukha sodarane Saranam Ayyappa
65. Dhanvantari moortiyee Saranam Ayyappa
66. Nambmorai kaakkum deivame Saranam Ayyappa
67. Narttana priyane Saranam Ayyappa
68. Pantalaa raajakumaarane Saranam Ayyappa
69. Pambai baalakane Saranam Ayyappa
70. Parasuraama poojithane Saranam Ayyappa
71. Bhakta jana rakshakane Saranam Ayyappa
72. Bhakta vatsalane Saranam Ayyappa
73. Paramashivan puthirane Saranam Ayyappa
74. Pambaa vaasane Saranam Ayyappa
75. Parama dhayaalane Saranam Ayyappa
76. Manikanda porule Saranam Ayyappa
77. Makara jyotiye Saranam Ayyappa
78. Vaikkathu appan makane Saranam Ayyappa
79. Kaanaka vaasane Saranam Ayyappa
80. Kulattu puzhai baalakane Saranam Ayyappa
81. Guruvaayoorappan makane Saranam Ayyappa
82. Kaivalya padha daayakane Saranam Ayyappa
83. Jaati mata bhedam illathavane Saranam Ayyappa



84. Shivashakti Aikya svaroopane Saranam Ayyappa
85. Sevipparku aananda moorthiye Saranam Ayyappa
86. Dushtar bhayam neekuvone Saranam Ayyappa
87. Devaadi devane Saranam Ayyappa
88. Devarkal thuyaram therthavane Saranam Ayyappa
89. Devendra poojitane Saranam Ayyappa
90. Narayanan mynthane Saranam Ayyappa
91. Neiabhisheka priyane Saranam Ayyappa
92. Pranava swaroopane Saranam Ayyappa
93. Paapa samhaara moorthiye Saranam Ayyappa
94. Paayasanna priyane Saranam Ayyappa
95. Vanpuli vaakanane Saranam Ayyappa
96. Varapradaayakane Saranam Ayyappa
97. Bhaagavatottamane Saranam Ayyappa
98. Ponambala vaasane Saranam Ayyappa
99. Mohini sudhane Saranam Ayyappa
100. Mohana roopane Saranam Ayyappa
101. Villan vilaali veerane Saranam Ayyappa
102. Veeramani kantane Saranam Ayyappa
103. Sadguru nathane Saranam Ayyappa
104. Sarva rokanivarakane Saranam Ayyappa
105. Sachi ananda sorupiye Saranam Ayyappa
106. Sarvaabheestha thayakane Saranam Ayyappa
107. Saasvatapadam alippavane Saranam Ayyappa
108. Patinettaam padikkutaiyanaadhane Saranam Ayyappa



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Sri Ayyappan Kavacham

KAAPU

Harihara Puthranai Ananda Roopanai Irumoorthi Maindanai
Aarumugan Thamabiyai Sabari Girisanai Saantha Swaroopanai
Dhinam Potri Panindhivom
Ayyappa Devan Kavacham Idhanai Anudhinam Solla Allaalgai Ozhiyum
Dhinam Thuthikka Theerum Vinai ellam
Naadiya Porulum Nalamum Varume

NOOL

Mannulagellam Kaatharul Seiya
Manikanda Deva Varuga
Maayon Maindha Varuga
Aiyngaran Sodhara Ayyappa Varuga

Pulivaahanane Varuga
Puviyellam Kaathida Varuga
Pooranai Naadhane Varuga
Punniya Moorthiye Varuga

Boodha Nayaka Varuga
Pushkalai Pathiye Varuga
Ponnambalathurai Eesa Varuga
Adiyaarai Kaaka Anbudan Varuga

Varuga Vaasavan Maindha
Varuga Veera Manikanda
Vanjanai Neekida Varuga
Valvinai Pokkida Varuga

Ayyam Thavirthida Ayyappa Varuga
Acham Agatrida Anbane Varuga
Iruvinai Kalaindhe Enai Aatkolla
Irumoorthi Maindha VarugaVaruga

Pathinen Padiyai Manathil Ninaikka
Panniya Paavam Podi Aagum
Ayyappa Saranam Endre Koorida
Aymboothangalum Adi Panindhidume

Sabarigireesanai Ninaithe Neerida
Thunbangal Ellam Thool Aagum
Saranam Endre Sollida
Siddhigal Yaavum Vandhadaindume

Pambayin Balan Peyar Sollidavum
Pagaivargal Ellam Panindhe Vananguvar
Ayyappan Paadam Anudhinam Ninaikka
Avaniyil Ullor Adipanindh Ethuvar

Saranam Ayyappa Saranam
Saranam Sabari Gireesa
Saranam Sadguru Naadha
Saranam Swamiye Saranam



VENDUDHAL

Sivanaar Magan En Sirasinai Kaaka
Nedumaal Maindhan Netriyai Kaaka
Gajamugan Thambi En Kanninai Kaaka
Naaranan Balan Naasiyai Kaaka

Irumoorthy Maindhan En Iru Sevi Kaaka
Vaavarain Thozhan Vaayinai Kaaka
Pambayin Baalan Parkkalai Kaaka
Naanmuga Poojiyan Naavinai Kaaka

Kaliyuga Varadhan En Kazhuthinai Kaaka
Kumaran Thambi En Kuralvalai Kaaka
Pushkalai Naadan Bujangalai Kaaka
Mukkannan Baalan Muzhannkayyai Kaaka

Veera Manikandan Viraligalai Kaaka
Kayilai Maidnan Kaigalai Kaaka
Manikanda Devan Maarbinai Kaaka
Vanpuli Vaaganan Vayitrinai Kaaka

Muzhumuthar Kadavul En Muduginai Kaaka
Irumudi Piriyan En Iduppinai Kaaka
Pirambayuthan En Pittangal Kaaka
Dharma Shastha En Thudaithannai Kaaka

Murugan Sodharan Muzhankaal Kaaka
Karpooora Jothi En Kanaikkaal Kaaka
Panthala Baalan Paadhathinai Kaaka
Vijayakumaran Viralgalai kaaka

Annadhaana Prabhu Angamellam Kaaka
Aariyanka Jothi Anbudan Kaaka
Kaattaalaroopi Kaalaiyil Kaaka
Navagraha Naadan Nadupagal Kaaka

Maalin Maganaar Maalayil Kaaka
Harihara Sudhanaar Anthiyil Kaaka
Inbamaya Jothi Iravinil Kaaka
Erumeli Shastha Endrume Kaaka

Hariyin Magannar Anudinam Kaaka
Natarajan Baalan Naalthorum Kaaka
Vaasavan Selvan Valapuram Kaaka
Irumudi Eesan Idapuram Kaaka

Kaaka Karunayaal Kaaka
Paarka En Paapam Podipada
Immayum Marumayum Illadhu Ozhithida
Eesan Magan Enai Endrume Kaaka

Kodiya Vishangalum Kollai Noigalum
Kuruthiyvai Kudikkum Dhushta Peygalum
Kantha Malaithanai Karuthil Kondida
Kalangi Marainthida Karunai Purivai

Pilli Sooniyam Palavidha Vanjanai
Pambayin Baalan Peyar Sollidavum
Panjaay Parakka Varam Ennakarulvaai
Bayangalai Pokki Abayam Allipaa

Vaadam Piththam Siletsumathudane
Vaandiyum, Bethiyum, Valippum Sulukkum
Evvidha Noyum Enai Anugaamal
Endrume Kaapai Erumeli Deva

Kalviyum Selvamum Kallamilla Manamum
Nallor Uravum Naalum Arulvaai
Nalla Manathudan Unai Naan Thudhikka
Nithyamum Arulvaai Sabari Giresaa

Kaamam, Krodham, Lobam, Moham
Madhamaacharyamenum aimperum Peygal
Endrume Ennai Anuga Vidaamal
Ayyappa Deva Varam Enakkarulvaai

Soodhu Poraamai Poi Kobam Illamal
Soram, Lobam Thunmaargam Kallamal
Veda Nerithanai Vilagi Nillamal
Veera Manikanda Varam Enakkarulvaai

Moopum Piniyum Varumayum Pasiyum
Vandhenai vaati Vadhai Seyyamal
Ullanbudane Un Thirunaamam
Anudinam Solla Arul Tharuvaye



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NAMASKAARAM

Harihara Puthra Anba Namu

Sabari Gireesa Saastha Namu

Pathinen Padivaazh Paramaa Namu

Aiyngaran Sodhara Ayyappa Namu

Ponnambalathurai Punniya Namu

Pulippaal Eendha Punniya Namu

Surikaayuthamudai Sundhara Namu

Mahishi Marthana Manikanda Namu

Saranam Sabari Gireesa

Saranam Sathya Swaroopa

Saranam Sarva Dhayala

Saranam Swamiye Saranam



Sri Ayyappa Namaskaram

Loka Veeram Maha Poojyam,
Sarvarakshakaram Vibhum !
Parvathi Hridayanandam,
Saasthaaram Pranamamyaham !!
Swamiye Saranam Ayyappa !! 1 !!

Viprapoojyam Viswavandyam,
Vishnu Shambho Priyam Sutham !
Kshipraprasaada Niratam,
Saasthaaram Pranamamyaham
Swamiye Saranam Ayyappa !! 2 !!

Mattha Maatanga Gamanam,
Kaarunyaamrita Pooritam !
Sarva Vighnaharam Devam,
Saasthaaram Pranamamyaham !!
Swamiye Saranam Ayyappa !! 3 !!

Asmatkuleswaram Devam,
Asmat Shatru Vinaashanam !
Asmadista Pradaataram,
Saasthaaram Pranamamyaham !!
Swamiye Saranam Ayyappa !! 4 !!

Pandyesha Vamsa Tilakam,
Keraley Keli Vighram !
Aarta Thraana Param Devam,
Saasthaaram Pranamamyaham !!
Swamiye Saranam Ayyappa !! 5 !!

Pancha Ratnaakya Methadyo
Nityam Shudha Patennaraha !
Tasya Prasanno Bhagawaan
Saastha Vasathi Maanase !!
Swamiye Saranam Ayyappa !! 6 !!

Sabarigiri Nivaasam Shaantha Hrid Padma
Hamsam !
Sashi Ruchi Mrithuhaasam Shyamalam Bhodha
Bhaasam !!
Kalitha Ripu Niraasam Kaantha Mrithunga
Naasam !!

Nathinuthi Paradaasam Naumi Pinjaava
Thamsam !!
Swamiye Saranam Ayyappa !! 7 !!

Sabarigiri Nishaantham Shange Kundenthu
Dhantham !
Shamadhana Hridi Bhaantham Shatru Paalee
Krithaantham !!
Sarasija Ripukaantham Saanu Kampeksha
Naantham
Kritha Nutha Vipadantham Keerthaye Hum
Nithaantham !!
Swamiye Saranam Ayyappa !! 8 !!

Sabarigiri Kalaapam Shaastra Vadhwaantha
Deepam
Shamitha Sujanathaapam Shanthiheer Nir
Dhuraapam !
Kara Dhrutha Sumachaapam Kaarano Paatha
Rupam !
Kacha Kalitha Kalaapam Kaamaye Pushkalabham
!!
Swamiye Saranam Ayyappa !! 9 !!

Sabarigiriniketham Shankaropendrapotham
Shakalitha Dhithijaatham Shatruji
Moothapaatham !
Padanatha Puruhutham Paalitha Shesha
Bhootham
Bhavajala Nidhi Bhotham Bhavaye Nitye
Bhootham !!
Swamiye Saranam Ayyappa !! 10 !!



Sabari Vihrithi Lokham Shyamalo Ddhaara
Chelam
Shathamakha Ripukaalam Sarva Vaikunta Balam !
Nathajana Surajaalam Naaki Lokaanukoolam
Navamayamani Maalam Naumi Nisschesha
Moolam !!
Swamiye Saranam Ayyappa !! 11 !!

Sabarigirikuteeram Shatru Samghaatha Ghoram
Shatagiri Shathadhaaram Shashpi Theyndraari
Shooram !!
Harigirisha Kumaarem Haari Keyura Haaram
Navajaladha Shareeram Naumi Vishwaika
Veeram !!
Swamiye Saranam Ayyappa !! 12 !!

Sarasija Dalanethram Saara Saaraathi Vakthram
Sajala Jaladha Ghaathram Saandhra Kaarunya
Paathram !
Sathanaya Kalanthram Saambha Govinda
Puthram
Sakala Vibhudha Mithram Sannamam Pavithram
!!
Swamiye Saranam Ayyappa !! 13 !!

Shridhaa Nanda Chinthamani Shreenivasam
Sada Sacchidaananda Purna Prakasham !
Udhaaram Sadhaaram Suraadhaara meesham
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 14 !!

Vibhum Veda Vedaantha Vedhyam Varishtam
Vibhoothi Pradam Vishrutham Brahma Nishtam
Vibhaaswath Prabhaava Prabhum Pushka
Leshtam
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 15 !!

Parithraana Dhaksham Parabrahma Soothram
Sfuraschaaru Gaathram Bhava Dhwaantha
Mithram!
Param Prema Paathram Pavithram Vichithram
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 16 !!

Paresham Prabhum Purna Kaarunya Rupam
Girishaadi Peeto Jwala Chcharu Deepam !
Sureshaadi Samsevitham Suprathaapam
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 17 !!

Gurum Purna Lavanya Paadadi Kesham
Gareeyam Mahatkoti Surya Prakasham !
Karaambhoru Hanya Sthavethram Suresham
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 18 !!

Haree Shaana Samyuktha Shaktheyey Ka Veeram
Kiraathaava Thaaram Kripaa Paanga Pooram !
Kireetaavath Sojjwalath Pinjcha Bhaaram
Param Jyothi Rupam Bhaje Bhootha Naatham!!
Swamiye Saranam Ayyappa !! 19 !!

Mahaayoga Peeto Jwalantham Mahaantham
Mahaavaakya Saaro Padeshm Sushaantham!
Maharshi Praharsha Pradam Jnaana Kaantham
Param Jyothi Rupam Bhaje Bhootha Naatham !!
Swamiye Saranam Ayyappa !! 20 !!



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Please reach out to any of the senior member in MASS if you have any questions.



Appendix

Significance of Mandala Vratham:

The Ayyappa Shrine in the Shri Siva Vishnu Temple is a blessing to those living all over North America who would like to observe the Ayyappa Vratham and climb the holy 18 steps every year. Devotees who have been to Sabarimala in India but could not continue to go there due their move to North America, consider SSVT Ayyappa Shrine as the "Sabarimala of the West." Devotees climbing 18 steps at SSVT follow the same rigorous austerities of Ayyappa Vratham.

In Bhagawat Gita, Lord Krishna declared: "The one who loves everyone, treats both pleasure and pain with equanimity, is friendly to all beings, compassionate, ego-less, patient, always contended, self-controlled, determined, and who dedicates his mind and intellect to me is dear to me and is my true devotee."

Ayyappa Vratham is a set of spiritual exercises to enable one to begin the journey towards becoming a true devotee. The ultimate purpose of Ayyappa Vratham is self-transformation. The process helps the Sadhaks -seekers of the Divine - to realize that we are part of the divinity. For the benefit of new devotees and the next generation of young devotees, in what follows, we describe the importance, significance, and the benefits of Ayyappa Vratham.

Why Observe Ayyappa Vratham?

Ayyappa Vratham is a good entry point to the spiritual world, particularly to those who are used to rituals as the basis for devotion. According to the Sanadhana Dharma, followed in India based on the Vedic traditions, man (jeevaatma) seeking the union with God (paramaatma) is the ultimate spiritual purpose of human life. However, there are several margas - pathways-to reach God-Raja Yoga, Bhakti Yoga, Karma Yoga, and Gnana Yoga among others. Ayyappa Vratham probably falls under the Bhakti Yoga but uses elements from other yogic pathways as well. Using devotion to bring out the divinity in human is the aim of Ayyappa Vratham. In under-taking the Vratham, we follow several rituals to signify the transformation of human nature to the divine nature.

Before looking at how Ayyappa Vratham helps us to transform ourselves and go towards Godhood, it will be useful to consider basic definition of Godliness. In practical terms, to have the union with God is to say, that we have godly qualities. What are the main characteristics of Godly qualities? God is love and love is God -some will say. God is peaceful - some will say as they seek God to have their own peace. Others will say God is truth and they seek God by seeking truth and or being truthful. And yet others will say that God is righteousness. In observing Ayyappa Vratham we are expected to show love to everyone as God is in everyone, be peaceful with ourselves and with others, be truthful, follow righteousness and of course non- violence. While opinions vary on how one sees God, everyone will agree that God is more powerful than man is. This is partly because God can control the nature both internal and external, better than man can. External nature is the elements like earth, wind, rain, sun etc. Internal nature of man is the qualities that man is not in full control yet strives, as a spiritual seeker, or a Sadhak to have



control over the senses. In observing Ayyappa Vratham we try to have this internal control so we can go towards attaining godly qualities. In essence, Ayyappa Vratham is a "dress rehearsal" for preparing ourselves to be in union with God himself by surrendering his thoughts, words, and deeds and leading an austere life. In other words, cleansing oneself of all impurities.

A Journey towards God

Human birth is the most important and difficult to attain of all living creatures. To be born as human is in itself a blessing. The desire to reach God using this human form is another blessing bestowed on us by God. With both human form and the desire to go towards Him, we need a marga to reach God. In Vedic philosophy and in Sanadhana Dharma there are many ways to seek union with God. Ayyappa Vratham and the journey to Sabarimala is one, and perhaps, the most realistic way to reach him in this Kali yuga. In order to reach union with God, through any marga, we need to observe basic discipline in life. Ayyappa Vratham trains us to follow this discipline.

Guruswami:

In Vedic samparadhya, to reach God we need the guidance of Guru. Guru is one who has been there and done that. Guru is one who can guide us, monitor our transformation and correct the mistakes we make on the way to attaining union with God. Thus, submission to Guru-swami is the key. Humility and humbleness is a hallmark of a Sathvic person. Ayyappa Vratham teaches us to be in submission to Guru and to fellow devotees. We consider Lord Ayyappa as Guru of all the Guruswamies.

41 Days of Mandala Vratham:

Ayyappa Vratham observed for 41 days amounts to one mandalam period. This is the most essential first step to make the pilgrimage to Sabarimala. The idea is to follow the discipline continuously for a certain period so that it becomes habit. As they say, discipline on a daily basis forms the good habit; good habit forms good character and good character determines our destiny. During this Vratham period, we attain basic purity of body, mind and spirit which is necessary for any devotional effort. Before starting the Vratham, we take permission from parents, seek the guidance of a Guruswami, and ask his permission and take permission from our Kuladeivam, family deity for blessings and protection.

Mudra or Thulasi Mala

Ayyappa Vratham is initiated with the invocation of God through adornment of the Thulasi mala. Lord Ayyappa is called Manikandan as the King Rajasekara Pandiyan found Him in the forest as a baby with manimala around his neck. Wearing Mudra mala symbolizes beginning of the Vratham. Mudramala reminds the devotee that he is God himself and to others it indicates that the devotee is in Vratham. The Mudra mala is removed when the Vratham is over after 41 days and after the devotee has the dharshan of Lord Ayyappa climbing 18 steps with the irumudikettu on his head.

Black Dhoti or Mundu:



During the Vratham, the devotee lives like a Sanyasi and adorns black clothes as the color black denotes detachment from worldly things. There is no desire for dressing up. They do not cut hair, shave facial hair nor cut nails during the 41 days. The effort is made towards keeping oneself clean. Hence, they take bath twice a day both in the morning and in the evening before the prayers during which the devotees chant 108 namas or sharanams.

Sathvic lifestyle

A key essential of Ayyappa Vratham is the Sathvic lifestyle. Simply put it is lifestyle of a sadhu. Sadhus keep their body, mind and soul clean, eat vegetarian food, and refrain from any bodily or mental pleasures and constantly think of God. Learning to lead a Sathvic life is a first step to recognize the devotional path. We do not hurt anyone by word, deed, or thought. Sathsang - Association with godly people helps in maintaining Sathvic lifestyle. Ayyappa congregations are a unique opportunity to associate with other Ayyappans who are also in Vratham and share the knowledge and experience. Devotees see each other as Ayyappan himself and see God in every other creature. This association with other devotees is important for going through the daily tribulations in life as well. In sum, they withdraw themselves from worldly affairs except for serving God and their fellow human beings and participate in spiritual activities like satsangh, prayers and bhajans. An essential part of Ayyappa Vratham is brahmacharyam. This is to not only keep our body and mind clean, but needed as basic requirement to get way from materialistic world. Brahmacharyam also helps us to conserve and concentrate all our physical energy and translate it to spiritual energy. We treat every woman as our mother during the Vratham.

Namasmaranam

Namasmaranam or saying "Swami Saranam" is important aspect of Ayyappa Vratham. "Swami Saranam" -Surrendering everything to God - is the moola manthram and moksha manthram of Ayyappa devotees. Some consider saying Swami Saranam is so powerful that it is equivalent to chanting Veda. Thinking about God all the time and chanting his name is a sure way towards God. It is also recommended as the easiest way to godliness. Yet in our daily life it is not often that we chant God's name consciously. When devotees wear Mudra mala, they are often reminded if not all the time that they are to call his name all the time. They say "Swami Saranam" before starting and ending a conversation with anyone. This is another way to remember his name and at the same time to see God in others. In fact, they say Swami Saranam whenever their thought takes them away from the thought of God or when a distraction comes in the way or when they make a mistake during the Vratham. This is not only to ask forgiveness but also to remember God all the time. Therefore, Namasmaranam is the way of life when the devotees are in the Ayyappa Vratham. This, indeed, needs to continue forever by all of us even when we are not in Vratham as Vratham is only a rehearsal period for how we should actually lead our life as a devotee of Ayyappa. Namasangeerthanam is another way to chant God's name and remember God by singing his glory. Music has a tendency to be etched in our minds for days after we hear it. Hence, we should hear lots of bhajans, and songs that praise God so that they will always keep ringing in our heads and are better than any other meaningless music. By joining a group that sings Bhajans, we cultivate a habit of



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regular praying. Ayyappa Bhajans are regularly conducted in devotees homes and temples, which are the only places Ayyappa devotees, visit during the Vratham period.

Practice of reduction and eventual removal of kama, krotha, mada, maathsarya, lobha, moha is another key objective of Ayyappa Vratham. These are considered enemies of a spiritual man. Ayyappa Vratham is also an opportunity to practice moderation. Removal of desire, attachment to sensory world, yearning to harm or cause ruin to others, jealousy, and ego is the path to liberation from the cycle of birth and death. Ayyappa Vratham helps in avoiding these six obstacles.

Irumudikettu and journey to Sabarimala:

At the end of the 41 days of Vratham period, we prepare irumudi to take it to the temple and dedicate it to Swami. The two bags represent the paavams and the punniyams each we have earned with our worldly activities and we surrender it to God and attain freedom from all Karmas good and bad.

As Lord Krishna declared in Bhagawat Gita and believed by ancient hindu sages, periodic fasts or vrathams purify the human mind and body. By adhering to an austere way of life observing tapas, observing daily prayers (in the morning and evening), participating in Sathsang and house pujas, doing community service through annadhanam, visiting temples regularly, imbibing in the spiritual literature, showing love and compassion to everyone and avoiding the six spiritual enemies as mentioned above, man transcends his earthly limitations and changes for the better.